Reiki
With Micheline

Reiki is the art of Energy Healing. The Reiki practitioner channels healing universal energy. It is very soothing and relaxing and can help manage pain.

During this Reiki Circle, students will have the option to sit on a chair or lay down on the floor.

Friday, September 20, 6:45pm
or
Friday, October 11, 6:45pm

Online Registration Opens: August 12
Out of District Online Registration Opens: September 9

Non-refundable Fee - $5.00 (Check payable to “Hillside Public Library”)
Checks Collected Outside the Program Room On The Day of Class

Hillside Public Library
155 Hillside Ave., New Hyde Park, NY 11040
(516) 355-7850, x301; http://hillsidelibrary.info/events