WOMEN’S SELF DEFENSE

This safety and self-defense class is specifically designed for women and covers traditional martial arts techniques while advocating for a world focused on respect, harmony, inspiration, and living in calmness of mind. Instructor, Grand Master Gene Perceval, has been teaching students for over fifty-seven years.

Saturday, October 5, 1pm

(Online Registration Open)

Non-refundable Fee - $5.00, (Check payable to “Hillside Public Library”)

Checks Collected Outside the Program Room On The Day of Class

Hillside Public Library
155 Lakeville Road, New Hyde Park, NY 11040
(516) 355-7850 x301; http://hillsidelibrary.info/events